

My Very Own

YOM TOV

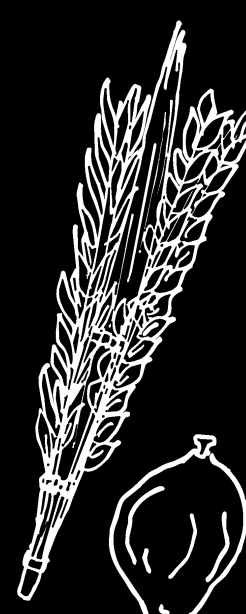
Guide



New Edition! Textbook & Workbook

Laws, Customs and all about
ELUL, ROSH HASHANAH
ASERES YIMAI TESHUVAH

YOM KIPPUR, SUKKOS & SIMCHAS TORAH
WITH NEW EXCITING FEATURES!

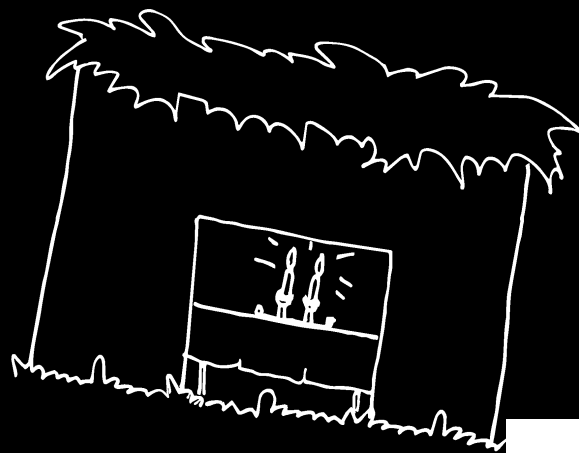
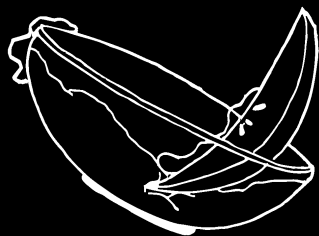
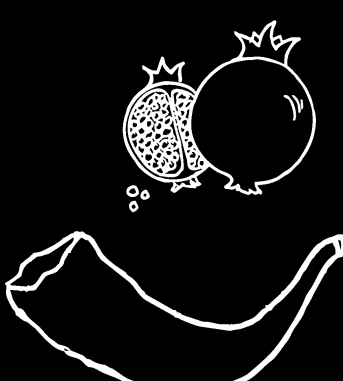


A Project of **TOOLS FOR TORAH**

by Rabbi Chayim B. Alevsky

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MY VERY OWN YOM TOV GUIDE

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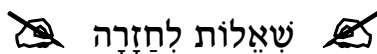
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REVIEW QUESTIONS AND CHARTS ON ALL THE ABOVE

A Living Story



Once upon a time, when the fields were dry, the water supply was low, and our People were hungry, thirsty and desperate, they came to Rabbi Eliezer and Rabbi Akiva, begging them to pray for rain.

The Gemara relates:

Rabbi Eliezer Davened to Hashem, reciting 24 special בְּרָכוֹת (said on fast days,) but his תְּפִילוֹת were not answered.

Rabbi Akiva then exclaimed,

"Our Father, our King,
we have no king but you;

Our Father, our King,
have mercy upon us for Your own sake!"
and rain fell"

(Taanit 25b)

מַעֲשֵׂה בְרַ' אֶלְיָעֶזֶר שִׁירַד לְפָנַי הַתִּיבָה
וְאָמַר עֲשִׂירִים וְאַרְבַּע בְּרָכוֹת
וְלֹא נִעֲנָה
יָרַד רַבִּי עֲקִיבָא אַחֲרָיו וְאָמַר
אָבִינוּ מַלְכֵנוּ אֵין לָנוּ מֶלֶךְ אֶלָּא אַתָּה
אָבִינוּ מַלְכֵנוּ לְמַעַן רַחֵם עָלֵינוּ
וְיָרְדוּ גְשָׁמִים
תענית כ"ה:



MISSION:

HERE ARE SOME "SAMPLE" מַלְכֵנוּ's.
CIRCLE THE WORDS YOU RECOGNIZE, AND TRY TO FIND THE
ONES (SIMILAR TO WHAT) RABBI AKIVA SAID.

אָבִינוּ מַלְכֵנוּ! הָרַם קֶרֶן מְשִׁיחֲךָ.
אָבִינוּ מַלְכֵנוּ! שָׁמַע קוֹלְנוּ חוּס וְרַחֵם עָלֵינוּ.
אָבִינוּ מַלְכֵנוּ! קַבַּל בְּרַחֲמִים וּבְרָצוֹן אֶת תְּפִלָּתֵנוּ.
אָבִינוּ מַלְכֵנוּ! פָּתַח שַׁעֲרֵי שָׁמַיִם לְתַפְלָתֵנוּ.
אָבִינוּ מַלְכֵנוּ! עֲשֵׂה לְמַעַנְךָ אִם לֹא לְמַעַנְנוּ.
אָבִינוּ מַלְכֵנוּ! עֲשֵׂה לְמַעַנְךָ וְהוֹשִׁיעֵנוּ.
אָבִינוּ מַלְכֵנוּ! עֲשֵׂה לְמַעַן רַחֲמֵיךָ הַרְבִּים.
אָבִינוּ מַלְכֵנוּ! חֲנֹנוּ וְעַנְנוּ, כִּי אֵין בָּנוּ מַעֲשִׂים,
עֲשֵׂה עִמָּנוּ צְדָקָה וְחֶסֶד וְהוֹשִׁיעֵנוּ.

אָבִינוּ מַלְכֵנוּ! אֵין לָנוּ מֶלֶךְ אֶלָּא אַתָּה.
אָבִינוּ מַלְכֵנוּ! חֲדָשׁ עָלֵינוּ שָׁנָה טוֹבָה.
אָבִינוּ מַלְכֵנוּ! סֶלַח וּמַחֵל לְכָל עֲוֹנוֹתֵינוּ.
אָבִינוּ מַלְכֵנוּ! הַחֲזִירְנוּ בְּתַשׁוּבָה שְׁלָמָה לְפָנֶיךָ.
אָבִינוּ מַלְכֵנוּ! שְׁלַח רְפוּאָה שְׁלָמָה לְחוּלֵי עַמְּךָ.
אָבִינוּ מַלְכֵנוּ! זְכַרְנוּ בְּזַכְרוֹן טוֹב לְפָנֶיךָ.
אָבִינוּ מַלְכֵנוּ! כְּתַבְנוּ בְּסֵפֶר חַיִּים טוֹבִים
אָבִינוּ מַלְכֵנוּ! כְּתַבְנוּ בְּסֵפֶר גְּאֻלָּה וַיְשׁוּעָה.
אָבִינוּ מַלְכֵנוּ! כְּתַבְנוּ בְּסֵפֶר פְּרִנְסָה וְכִלְכָּלָה.
אָבִינוּ מַלְכֵנוּ! כְּתַבְנוּ בְּסֵפֶר סְלִיחָה וּמַחִילָה.

תְּשׁוּבָה לְפִי הַרְמַב"ם TESHUYAH, THE RAMBAM WAY

...AND WHAT IS TESHUYAH? הַתְּשׁוּבָה

רמב"ם הלכות תשובה פרקים א-ב



Color match the Explanation to their matching words in the רמב"ם.

EXPLANATION

תְּשׁוּבָה

רמב"ם

1	I stop doing the wrong thing.	עֲזִיבַת הַחַטָּא LEAVE THE SIN	שְׁיַעֲזֹב הַחוּטָא חָטָא וְיִסְרוּ מִמַּחֲשַׁבְתּוֹ
2	I regret what I did in the past.	חֲרָטָה וְנַחְמָה עַל הָעֵבֶר REGRET THE PAST	יִתְנַחֵם עַל שְׁעָבֵר וְיַעֲיֵד עָלָיו יוֹדַע תְּעֵלוֹמוֹת שְׁלֵא יִשׁוּב לְזֶה הַחַטָּא לְעוֹלָם
3	I firmly commit to never do it again.	קִבְלָה עַל הָעֵתִיד DECIDE THE FUTURE	וְיִגְמֹר בְּלִבּוֹ שְׁלֵא יַעֲשֶׂהוּ עוֹד
4	I say (verbally) "Hashem, I've sinned before you and I did this and that. I regret my actions and I'm embarrassed of them. I will never do them again". We need to verbalize these words. Thoughts and feelings are not enough.	וְיִדְוִי CONFESS	כִּי־צַד מִתּוֹדִין? אוֹמֵר אֲנִי הַשֵּׁם חָטָאתִי עֲוִיתִי פָשַׁעְתִּי לְפָנֶיךָ וְעָשִׂיתִי כִּךְ וְכָךְ וְהָרִי נַחַמְתִּי וּבוֹשֵׁתִי בְּמַעֲשֵׂי וְלְעוֹלָם אֵינִי חוֹזֵר לְדַבֵּר זֶה וְצָרִיךְ לְהִתְנַדּוֹת בְּשִׁפְתָיו וְלוֹמֵר עֲנִיִּינוֹת אֱלוֹ שְׁגָמַר בְּלִבּוֹ

Although it seems that these steps of תְּשׁוּבָה are only for one who did something terrible – it is not so. Even if you did nothing wrong, you can use these same steps to committing to improving any area of your life.

The word חָטָא actually means "something missing." If I do not do as much good as I could, this too is a חָטָא. So, instead of "Leaving the Sin" – my תְּשׁוּבָה would be to "begin doing/learning" what I could and should.

YOM KIPPUR

תפילה - PRAYER



During יום כיפור, all of the תפילות are *Davened* with a טלית, even מעריב at night. Men must make sure to put on the טלית before החמה - שקיעת החמה - sunset. After the שקיעה - which is the beginning of the night, we do not make a ברכה on a טלית.

The תפילות of יום כיפור are found in a מחזור - we do not use our regular סידור.

On יום כיפור, we *Daven* 5 תפילות, more תפילות than any other יום טוב.

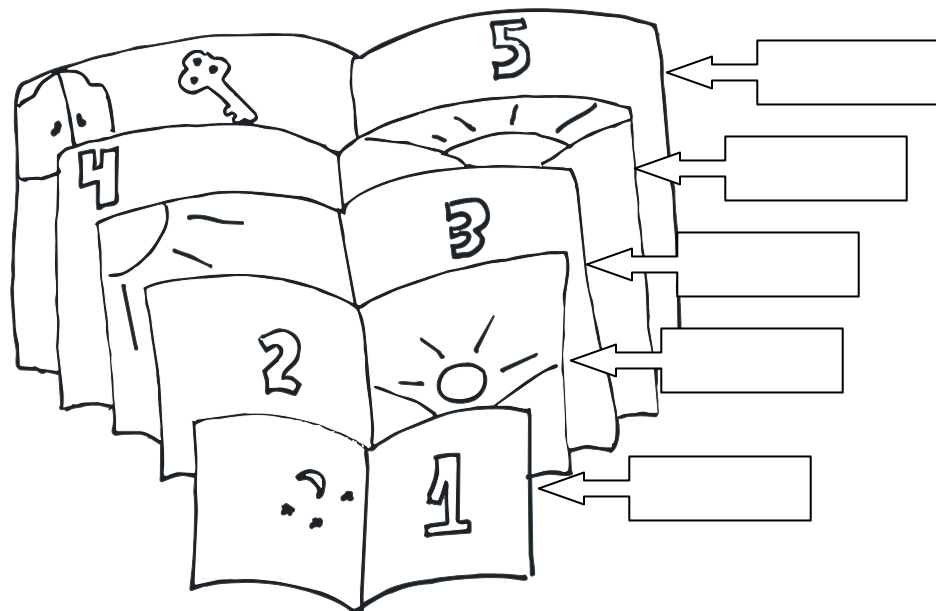
Match the תפילות to their time of day, using all the times in the Answer Bank.

	TEFILLA	TIME OF DAY
①	ערבית (מעריב)	<i>Ma'ariv</i>
②	שחרית	<i>Shacharis</i>
③	מוסף	<i>Musaf</i>
④	מנחה	<i>Mincha</i>
⑤	נעילה	<i>Ne'ilah</i>





ANSWER BANK
 Afternoon /
 Evening / Evening
 / Morning /
 Morning

ACTIVITY:

NAME THESE תפילות!



On יום כיפור we are not allowed to do certain things that are pleasurable:

	WHAT	HOW
1	<p>No Food or Drink</p> 	<p>We do not eat or drink from before sunset of the ninth day of תשרי, until after nightfall of the tenth night, men and women over ברובת מצוה, are not allowed to eat or drink, even the smallest amount. Not even one drop of food or drink can enter one's mouth. Even if one does not intend to swallow the food or drink, it is forbidden to put it in one's mouth, and then spit it out. It is also forbidden to rinse one's mouth with any kind of liquid. If one is ill, (חס ושלום - G-d Forbid) and must eat for health reasons, s/he must ask a qualified רב for advice.</p>
2	<p>No Washing</p> 	<p>We don't wash ourselves. No baths, showers or even washing our hands and face... all day long even if it's hot! We may wash a part of our body that is dirty. No other washing is permitted.</p> <p>For נטילת ידים - (washing <i>Neggel Vasser</i>) in the morning, we wash only until the knuckles, not further. In <i>Shul</i>, the כהנים are allowed to have their hands washed before they bless the congregation in ברכת כהנים, because it is not considered "washing for pleasure."</p>
3	<p>No Leather Shoes</p> 	<p>Don't wear leather shoes. We may not wear shoes or sandals that have any leather, in any part of them. Leather is considered a comfortable and luxurious material, which is why we don't use it on this day.</p>
4	<p>No creams or lotions</p> 	<p>We may not smear any kind of lotion, oil or perfume or any kind of cosmetics/make-up etc. on this day. This is because we are not allowed to "digest" anything – not even liquid that may be absorbed through our skin.</p>

Children, who do not fast on יום כיפור, are still careful with the rest of these laws.

יום כיפור is the holiest day of the year. On this day, we keep the same הלכות that we keep on שבועת. This includes all the laws of מוקצה, fire and carrying etc.

ד' מינים THE SOME LAWS OF

In order for the ד' מינים to be כָּשֵׁר, many detailed laws need to be in place. Here are a few:

is NOT כָּשֵׁר if...

- it is dry
- its pitom fell off
- it is stolen
- it has a hole
- a piece was taken off
- it is unripe

The אֶתְרוֹג...



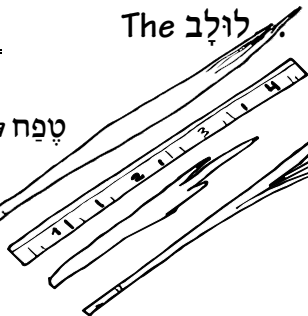
is כָּשֵׁר if...

- ◆ it is wrinkled or bumpy
- ◆ it is larger than an egg
- ◆ it is sunken at the stem
- ◆ it is wider at the bottom than the top
- ☞ The אֶתְרוֹג does not need a pitom to be כָּשֵׁר⁷¹

is NOT כָּשֵׁר if...

- it is dry
- its spine is split more than a טַפַּח
- it is stolen
- it is shorter than 4 טַפַּחִים

The לוּלָב.



is כָּשֵׁר if...

- ◆ it is green
- ◆ its top leaves are "closed up"
- ◆ it is at least 4 טַפַּחִים high
- ☞ The לוּלָב must be at least 1 טַפַּח "taller" than the הַדְּסִים and עֲרֻבוֹת⁷²

is NOT כָּשֵׁר if...

- it is dry
- most leaves do not come out of the same point on the twig
- it has more berries than leaves
- it is shorter than 3 טַפַּחִים

The הַדָּס...



is כָּשֵׁר if...

- ◆ it is green
- ◆ its leaves are the size of a thumbnail
- ◆ its leaves overlap each other
- ◆ all along the twig, 3 leaves connect at same point
- ◆ it is at least 3 טַפַּחִים high

is NOT כָּשֵׁר if...

- it is dry
- its leaves are jagged - like a saw
- most of its leaves fell off
- the tippy top is cut off
- it is shorter than 3 טַפַּחִים

The עֲרֻבָּה...



is כָּשֵׁר if...

- ◆ it has a red stem
- ◆ it has smooth leaves
- ◆ it is green
- ◆ it is at least 3 טַפַּחִים high